



Post-Operative Care and Instructions for Endoscopy

(Direct Laryngoscopy, Bronchoscopy or Esophagoscopy)

1. You may eat immediately after the procedure. Most people do not find these procedures uncomfortable. A sore throat may be present. If biopsies are taken, pain medication will be prescribed.
2. For the next 48 hours:
 - a. Eat soft foods. Do not eat hard crispy foods like potato chips or fried chicken.
 - b. Do not take Alka-Seltzer
 - c. Do not drink carbonated beverages.
3. You may use antacids (such as Mylanta, Maalox)
4. Call Dr. Doucet immediately if you have any of the following:
 - a. Fever > 101.5
 - b. Chest pain
 - c. Shortness of breath
 - d. Inability to eat
 - e. Bleeding from the mouth or rectum

Please do not hesitate to call our office with any questions or concerns.