



Post-Operative Care and Instructions for Earlobe Repair

1. You will leave the office with the earlobe sutures covered only with antibiotic ointment. Keep a light layer of antibiotic ointment on them twice a day.
2. Minor discomfort and swelling is normal at this time.
3. Apply local wound care with equal parts of saline and hydrogen peroxide for 1 week. Follow with a topical antibiotic ointment such as Neosporin or triple antibiotic ointment.
4. In most cases of isolated earlobe repair, antibiotics and pain medication are not needed afterwards.
5. After two days, it is perfectly fine to get the ears wet during showering or washing. That does not increase the risk of infections.
6. There are no physical activity restrictions, including swimming, that you cannot do immediately afterwards. The only activities that should be avoided are wet and dry saunas until the sutures are removed.
7. In 7 to 10 days after earlobe repair, you will return to have the earlobe sutures removed.
8. Avoid re-piercing the ear for 6 weeks as this may lead to a recurrence of the lobe tear.