

Patient History-Allergy Diagnosis

Name _____

Occupation _____

Phone _____ DOB _____

Medications: _____

Which of the following symptoms have you experienced?

Please circle all that apply.

Hay fever Runny Nose Stuffy Nose Sinus Problems

Sneezing Itchy Eyes Post Nasal Drip Ear Problems

Asthma Cough Cough(night only) Wheezing

Shortness of Breath Tight Chest Exercise Symptoms

Phlegm or Mucus Headache Diarrhea Hives Fatigue Eczema

Rashes Severe Acne Nausea

How long have you had these symptoms?

0-1 years 1-5 years 5-10 years 10+ years

Times of year your symptoms worsen?

Spring Summer Fall Winter No Change

Environmental exposure

Pets in home _____

Plants in house yes/no

Smoke, how often? _____ How many years? _____

Do your symptoms interfere with you're:

Sleep? _____ Play? _____ Work? _____ Comfort? _____

Are your symptoms worse in AM or PM?

Are your symptoms worse indoors or outdoors?

Have you ever had allergy testing? Yes or No